



**Shiv Chhatrapati Shikshan Sanstha's
Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)
Department of Biotechnology**

A) Summary

1) Title of Programme:		Integrated Wellness Camp: Counselling, Physiotherapy & Mental Health for Female Students		
2) Name of Organizing Department/Unit:		Department of Biotechnology		
3) Name of the Coordinator(s)/ Convener(s)/ Organizer(s) of the Programme:		Principal: Dr. Mahadev Gavhane Vice- Principal: Prof. S. N. Shinde Head: Dr. S. S. Kulkarni		
4) Date(s) of the Programme:		10 th September 2025		
5) Venue/ Mode:		Dept. of Biotechnology, Rajarshi Shahu Mahavidyalaya Latur (Autonomous)		
6) Target Group:		B.Sc. TY & PG students		
7) Number of Participants:		Male	Female	Total
A separate list with signatures be maintained in the department/Unit)	Teaching	00	00	00
	Non-Teaching	00	00	00
	Students	00	145	145
8) Name(s) and details of Resource Person(s), if any:		Dr. Atul Venkatesh Kulkarni, BHMS, Professor & Head of Surgery Department, Vasantrao Kale Homeopathic Medical College, Latur Dr. Rajesaheb Chavan, Medical Officer, Vasantrao Kale Homeopathic Medical College, Latur Dr. Rekha Pradeep Zirpe, Medical Officer, Vasantrao Kale Homeopathic Medical College, Latur Dr. Kiran Chavan, Medical Officer, Vasantrao Kale Homeopathic Medical College, Latur Mr. Suraj Gaikwad, Public Relation Officer, Vasantrao Kale Homeopathic Medical College, Latur		
9) Total Expenditure for the Programme:		Nil		
10) Source of Funding:		Not applicable		

B) Report

I. Title

Integrated Wellness Camp: Counselling, Physiotherapy & Mental Health for Female Students

II. Introduction

The Department of Biotechnology, Rajarshi Shahu Mahavidyalaya, Latur (Autonomous), successfully organized an Integrated Wellness Camp focused on counselling, physiotherapy, and mental health awareness for female students on 10th September 2025. The camp was conducted with the aim of promoting holistic health and well-being among young women, emphasizing the importance of mental, emotional and physical wellness in academic and personal life. Renowned medical professionals including Dr. Atul Venkatesh Kulkarni, Dr. Rajesaheb Chavan, Dr. Rekha Zipre, Dr. Kiran Chavan and Mr. Suraj Gaikwad were invited as resource persons for this initiative. These experts provided one-on-one counselling sessions, addressing a range of psychological and emotional concerns faced by students. The camp also included physiotherapy consultations to assist students with posture, pain management and stress-related physical conditions. Furthermore, homeopathic medicines were provided as part of a preventive and supportive healthcare approach.

III. Objectives of the Programme/ Issues addressed

- To promote awareness about mental health and emotional well-being among female students through expert-led counselling sessions.
- To provide professional physiotherapy consultations aimed at addressing physical health issues related to posture, stress, and sedentary academic routines.
- To offer personalized homeopathic support and guidance as a preventive approach to common physical and psychological concerns.
- To create a safe and supportive environment where female students feel comfortable discussing personal health challenges with qualified medical professionals.
- To empower students with practical strategies and resources for maintaining holistic health, thereby enhancing their academic performance and overall quality of life.

IV. Details of Participants

Total Participants 145 Female attended the program.

V. Brief Summary of Events/ Sessions

The Integrated Wellness Camp aimed to foster holistic well-being by addressing the mental, emotional, and physical health challenges commonly faced by young women in academic settings. The camp was conducted by a team of expert medical professionals, including Dr. Atul Venkatesh Kulkarni, Dr. Rajesaheb Chavan, Dr. Rekha Zirpe, Dr. Kiran Chavan, and Mr. Suraj Gaikwad, accompanied by a team of 25 interns. The program began with basic health screening procedures, where students' blood pressure and weight were measured to evaluate their general health status. Following the screening, participants received individual counselling sessions that focused on addressing common mental health concerns such as stress, anxiety, academic pressure, and emotional well-being. The medical team offered professional advice and emotional support in a confidential and empathetic setting. In addition, homeopathic medicines were distributed to students as part of a natural and preventive healthcare approach, aiming to support both physical and psychological balance.

VI. Conclusion with Feedback on the Programme

On the whole, the camp created a comprehensive wellness platform within the academic environment. The enthusiastic participation of students and the positive feedback received highlight the growing need for such holistic healthcare initiatives in educational institutions. This camp not only helped raise awareness but also empowered students with knowledge and resources to take better care of their overall well-being. Such efforts contribute significantly to building a healthy, resilient, and emotionally balanced student community, and the Department of Biotechnology remains committed to organizing more such impactful programs in the future.

VII. Appendix: List of participants

Date: 11. 09. 2025.


Head
Department of Biotechnology
Rajarshi Shahu Mahavidyalaya
(Autonomous) Latur-413 531




Principal
PRINCIPAL
Rajarshi Shahu Mahavidyalaya, Latur
(Autonomous)

C) Geotagged Photographs / Screenshots



Ms. Rohini Shinde formally introduced the esteemed guests at the beginning of the program



The interns conducted preliminary health check-ups, including the measurement of students' blood pressure and body weight



Dr. Kiran Chavan counselling student about her physical and mental issues



Female student participants engaged in counselling session for treating health issues



Presence of esteemed medical experts for conduction of Integrated Wellness Camp at Dept. of Biotechnology, Rajarshi Shahu Mahavidyalaya Latur (Autonomous)

D) Brochure of the Program



शिव चक्रवर्ती
शिक्षण संस्था
लातूर
स्थापना - १९७०

Shiv Chhatrapati Shikshan Sanstha's
Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)
Biospirit Association Department of Biotechnology



Organizes

Integrated Wellness Camp: Counseling, Physiotherapy & Mental Health for Female Students

Medical Experts

Dr. Atul Venkatesh Kulkarni BHMS, Professor & HOD Surgery Department	Dr. Rajesaheb Chavan Medical Officer Vasantrao Kale Homeopathic Medical College, Latur	Dr. Rekha Pradeep Zirpe Medical Officer Vasantrao Kale Homeopathic Medical College, Latur	Dr. Kiran Chavan Medical Officer Vasantrao Kale Homeopathic Medical College, Latur	Mr. Suraj Gaikwad Public Relation Officer Vasantrao Kale Homeopathic Medical College, Latur
Dr. Mahadev Gavhane Principal	Prof. S. N. Shinde Vice- Principal	Dr. Sachin Kulkarni Head, Dept. of Biotechnology		

Date: 10. 09.2025

Time: 10:00 AM

Venue: Dept. of Biotechnology, Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)



Shiv Chhatrapati Shikshan Sanstha's
Rajarshi Shahu Mahavidyalaya, Latur (Autonomous)
Department of Biotechnology

Integrated Wellness Camp: Counselling, Physiotherapy & Mental Health for Female Students

Sr.No	Name of the Student	Class	Sign
1	Swarni Tejswi Mallayya	B.Sc.BT 1 st	Swarni
2	Mathpati Dhaneshwari	BSC.BT 1 st	Math
3	Nade Aditi Dhananjay	BSC.BT III rd	Aditi
4	Bhasale sneha siddeshwar	MSCBT II nd	Sneha
5	Shaikh Sadiya Ali Baba	MSCBT II nd	Sadiya
6	Lekhande Vaishnavi Rama	B.S.CBT II nd	Vaishnavi
7	Devgani Amar Igare	BSC.BT III rd	Devgani
8	Kolhapure Vaishnavi Prabhakar	BSC.BT III rd	Vaishnavi
9	Katale Shruti Arvind	BSC.BT III rd	Shruti
10	Sawant Sakshi Sanjay	-11- III rd	Sakshi
11	Notu Sujata Ramkrushna	-11- III rd	N. Sujata
12	Narwane Snehal Sanjay	-11- III rd	Snehal
13	Shruti Sanjay Deshpande	-11- III rd	Shruti
14	Shirure Dipali Shivaji	-1- III rd	Dipali
15	Shelke mahadevi manmath	-1- III rd	Shelke
16	Tekale Tanuja Dharmraj	Bsc.BT II nd	Tanuja
17	Dhappadhule Sakshi Khandu	-11-	Sakshi
18	Giram vaishnavi Gurusling	Bsc.BT III	Vaishnavi
19	Mamale Sayali Namdev	Bsc.BT II nd	Sayali
20	Pawar Nikita Vikas	-11-	Nikita
21	Kadam Sneha Nandkumar	BSCBI 1 st	Sneha
22	Kinikar Madhura Madhav	-11-	M. Madhura
23	Patil Nandini Nagnath	BSC.BT II nd	Nandini
24	Manjari Sayma Latif	BSC.BT II nd	Manjari
25	Mundhe Shruti Satyajit	BSC.BT I st	Shruti

Sr. No	Name of the Student	Class	Sign
26	Panchal Rutuja Vitthal	BSC.BT 1st yr	<i>[Signature]</i>
27	Jagtap Akanksha Dattatray	BSC.BT 2nd year	<i>[Signature]</i>
28	Grade Gayatri Narasab.	BSC.BT 2nd year	<i>[Signature]</i>
29	Shravani Venkatesh Deshmukh	BSC(BT) II	<i>[Signature]</i>
30	Manasi Suryakanth Devane	Bsc(BT) II	<i>[Signature]</i>
31	Goze Vaishnavi Bajrang	BSC I st	<i>[Signature]</i>
32	Sarde Shital Bhausaheb	BSC(BT) I st year	<i>[Signature]</i>
33	Kuse Priyanka Kalyan	BSc(BT) I st	<i>[Signature]</i>
34	Modke Ritika Raju	BSc(BT) I st	<i>[Signature]</i>
35	Padwal Kundan Goroba	BSC(BT) I st	<i>[Signature]</i>
36	Tarupti Shankar Choudhami	BS(BT) II nd	<i>[Signature]</i>
37	Kanchan Diliprao Raut	BSC(BT) III rd yr	<i>[Signature]</i>
38	Ankita Manikrao Dhavale	BSC.BT III rd yr	<i>[Signature]</i>
39	Vaishnavi Dilip Patil	MSc BT I st	<i>[Signature]</i>
40	Rutuja Dilip Kasle	- II -	<i>[Signature]</i>
41	Mayuri Manik Padge	- II -	<i>[Signature]</i>
42	Bonte Pooja Balaji	- II -	<i>[Signature]</i>
43	Rathod Pnyaneshwami Hanisingh	- II -	<i>[Signature]</i>
44	Deswant Tejashmi Dipak	- II -	<i>[Signature]</i>
45	Deshmukh Gayatri Tukaram	Bsc BT II nd	<i>[Signature]</i>
46	Dongre Shraddha Ramesh	- II -	<i>[Signature]</i>
47	Bhujbal Vaishnavi Omprakash	BSc BT II nd	<i>[Signature]</i>
48	Priyanka Shelke	- II -	<i>[Signature]</i>
49	Samruddhi Bhuse	- II -	<i>[Signature]</i>
50	Dhobale Anjali Kakasaheb	BSC.BT. II nd yr	<i>[Signature]</i>
51	Zingre Pratiksha Hanmant	- II -	<i>[Signature]</i>
52	Zingre Padmashri Laxman	- II -	<i>[Signature]</i>
53	Patil Godawari Nagesh	- II -	<i>[Signature]</i>
54	More Shraddha Maruti	BSc. BT. III yr	<i>[Signature]</i>
55	Deshmukh Sakshi Suresh	BSc. BT. III yr	<i>[Signature]</i>

Sr. No	Name of the Student	Class	Sign
56	Shalkh Azarashirin Ismail	BSc BT I st yr	Azarashirin
57	Shalkh Roshnara Ismail	BSc BT I st yr	Roshnara
58	Shulue Shweta Santosh	-11-	Shweta
59	Kriten Sakshi Mahader	-11-	Sakshi
60	Ashradha Ajit Ingle	BSC-BT II nd yr	Ashradha
61	Pachange Vaibhavi balaji	BSC-BT I st yr	Vaibhavi
62	Shinde Arti Bhorat	-11-	Arti
63	Pawar Pratibha Sumit	BSc-BT I st yr	Pratibha
64	Khamade Asmita samnath	BSc-BT I st yr	Asmita
65	Shinde Sakshi Gaurind	BSc-BT I st yr	Sakshi
66	Mane Sae Amol	BSc-BT I st yr	Sae
67	Gund Anushka Ashok	-11-	Anushka
68	Sarant Yogeshwarai Ralkumar	BSc BT II nd yr	Yogeshwarai
69	Metre Sanika B	= " =	Sanika
70	Raut Nishala Jaipal	= " =	Nishala
71	Sayyed Nabila Ansar	BSC. BT. 3 rd year	Nabila
72	Sayyed Muskan Salim	-11-	Muskan
73	Shalkh Alfiya Gulab	-11-	Alfiya
74	Akshata Laxman Jadhav	BSc-BT 2 nd yr	Akshata
75	Kranti Balbhim Kamble	-11-	Kranti
76	Komal Pandit Jadhav	-11-	Komal
77	Idghmare Rani Sangeam	BSC BT I st yr	Rani
78	Panchal Anjali Arun	-11-	Anjali
79	Pathan Nageen Hamza	-11-	Nageen
80	Pranita Balasaheb Badad	-11-	Pranita
81	Sakshi Balaji Supekar	-11-	Sakshi
82	Pranavi Shrihanand Surwase	-11-	Pranavi
83	Khandekar Anushka Gopal	BSc BT I st	Anushka
84	Sitapure Kemishkei Poocham	BSc BT I st yr	Kemishkei
85	Rutuja Dore	BSc-BT I st yr	Rutuja

Sr. No	Name of the Student	Class	Sign
86	Vadetanar Shivani Shankar	BSC.BT. 1st	Shivani
87	Lamate Telal Papat	BSC.BT. 1st	Lamate.T
88	Power Pranita Parmeshwar	BSC.BT. 1st	Pranita
89	Bhange Prachi Ram	BSC.BT. 1st	Prachi
90	Phunde Pranali Bhagwan	BSC.BT. 1st yr	Phunde
91	Pranali Ambekar	BSC.BT. 2 nd	Pranali
92	Pranali Phande	- 11 -	Pranali
93	Supriya Shalkhe	- 11 -	Supriya
94	Madhura Gode	- 11 -	Madhura
95	Sadiya Kadarase	- 11 -	Sadiya
96	Havshada Gaikwad	- 11 -	Ga
97	Shubhangi Pralhad Palte	- 11 -	Shubhangi
98	Anisha Mathpati	- 11 -	Anisha
99	Sakshi Patil	- 11 -	Sakshi
100	Sandhya Ghogare	- 11 -	Sandhya
101	Dipika Malp	- 11 -	Dipika
102	Mehini Marole	- 11 -	Mehini
103	Pooja Zadke	- 11 -	Pooja
104	Anjali Autade	- 11 -	Anjali
105	Kalyani Khandu Bhandare	- 11 -	Kalyani
106	Anurag Nikites Achut	- 11 -	Nikites
107	Khan Huma Leelkhan	- 11 -	Huma
108	Shoikh Mahesh Mujumil	- 11 -	Mahesh
109	Rathod Prachi	BSC-BT. 2 nd	Prachi
110	Shravan Deshmukh	BSC-BT. 2 nd	Shravan
111	Kamble Priya	BSC-BT. 1st yr	Kamble
112	Pooja Gaurad	BSC-BT. 3 rd yr	Pooja
113	Bhakti Kishorisagar	BSC	Bhakti
114	Rohini Takar	"	Rohini
115	Dnyaneshwari Tadhar	"	Dnyaneshwari

Sr. No	Name of the Student	Class	Sign
116	Kamble Pragati Limbraj	BSCBI 2 nd	Pkambles
117	Bulbule Sakehi	- 11 -	Sakshi
118	Aspita David Nadar	- 11 -	Aspita
119	Tornetar Aditi Dilip	- 11 -	Aditi T
120	Vaishnavi Shabaji Naikpure	- 11 -	Vaishnavi
121	Rakhi Ram Patole	- 11 -	Rakhi
122	Pakampalle Pooja Bapu	- 11 -	Pooja
123	Chavan Nisha Santosh	- 11 -	Nisha
124	Gundile Pratiksha Haridas	- 11 -	Pratiksha
125	Salunke Vaishnavi Mohan	- 11 -	Salunke
126	Gurav Arti Bhishma	- 11 -	Arti
127	Swami Sneha Pramod	- 11 -	Sneha
128	Chidrewar Riya Laxmikant	- 11 -	Riya
129	Savant Aditi Mahesh	- 11 -	Aditi
130	Jadhavi Amol Samudra	- 11 -	Subat
131	Prapti Suryakant Shinde	- 11 -	Prapti
132	Tane Patkar	- 11 -	Tane
133	Bhagyashree Kumbhar	- 11 -	Bhagyashree
134	Amrute Patil	- 11 -	Patil
135	Saniya Jafari	- 11 -	Saniya
136	Mazharulaz Sayyad		Mazharulaz
137	Misbah Shaikh	- 11 -	Misbah
138	Pratiksha Pawar	- 11 -	Pratiksha
139	Ashvini Ashok Londhe	- 11 -	Londhe
140	Madke Subani	- 11 -	Subani
141	Priya Suryawanshi	3 rd yr	Priya
142	Shrasti Waghmare	3 rd yr	Shrasti
143	Pranjali Wange	"	Pranjali
144	Saurabh Waghmare	"	Saurabh
145	Pariksha Waghmare	Msc. 2 nd	Pariksha

